



36th Annual 5K Turkey Trot Road Race

Thanksgiving Day

November 26th, 2009

9:00 AM

Galliens Town Beach on Beaver Lake

Route 102

Derry, NH

On- Line Registration: New this year. Visit www.gdtc.org/turkeytrot to access the link sign up and enjoy Pre-Registration rates. Minimal transaction fee applies. No paper applications will be accepted for pre-registration. On-Line registration will close out promptly Wednesday at noon.

Race Day Registration: Race Day registrations will begin on Wednesday from 3:00 pm to 8:00 pm at the race site and also from 7:15 am to 8:50 am at the race site on race morning. Only paper registrations will be acceptable and payment is by CASH or CHECK ONLY!

Packet Pickup and Tee Shirt Pickup: Will begin on Wednesday from 3:00 pm to 8:00 pm at the race site and also from 7:15 am to 8:50 am at the race site on race morning.

Entry Fees: Food Donations – For **ALL ENTRIES** we request a donation of any non-perishable canned good or dry food item. All food donations go to food pantries in the greater Derry area to help the needy.

	<u>ADULTS (12 & older)</u>		<u>KIDS (11 & under)</u>
	RACE ONLY	WITH TEE SHIRT	RACE WITH TEE SHIRT
Pre-Registration (On-Line Registration)*	\$7	\$11	\$2
Race Day Registration (Includes Wednesday)	\$12	\$16	\$2

* Minimal transaction fee applies for on line registration.

Tee Shirts: High quality heavyweight long sleeve, with 4 color logo design to the first 900 entrants., see entry fees above. If extras are available they will be for sale after race start for \$5 while supplies last.

Post Race: Great refreshments and food provided including two types of soup and Chili to warm you up.

Great Raffle: Poster board style raffle.

Awards: First three overall Male & Female. First Male and Female finishers from Derry and Londonderry Awards will be done approximately 9:30 am.

Finisher Medals: Each finisher will receive a custom engraved medal signifying their accomplishment.

Hosted by: Greater Derry Track Club and Derry Recreation Department.

Race Site Web Page: Visit the race site web page at www.gdtc.org/turkeytrot for the history and other information about this great race and Derry Tradition

- Course:** Scenic (some say challenging) certified 5K course, USATF # NH9306WN, around Beaver Lake (see map below). "Slight hill" at mile 1.5, all down hill from mile 2 to finish.
- Timing:** Professionally chip timed by New England Timing using the **Winning Time** RFID Chip system
- Race results:** Posted on www.ne-timing.com and www.coolrunning.com and the race site www.gdtdc.org/turkeytrot
- Directions:** From Route 93, take Exit 4. Follow Route 102 East and proceed through Derry center to rotary. Follow Route 102 off rotary east approximately 1 mile to Galliens Beach and Beaver Lake on right. Parking permitted anywhere on North side of Route 102 or West side of Pond Road, bordering Beaver Lake.
- Questions:** Race Director Jim Ewell (603) 432-6409/ (603) 327-7213 (cell) or email jewell@gdtdc.org
- Cancellation:** If weather looks threatening call 603-432-6409 on morning of race for recorded message or check web page @ www.gdtdc.org. If cancelled, no refunds and pick up of Tee Shirts at a later date is responsibility of race entrant.

